

APRIL 2022

Y Dderwen Frenhinol



ROYAL OAK, NEWPORT
TEL :- (01239) 820 632

KINDLY PAY FOR YOUR FOOD AT THE BAR WHEN ORDERING, THANK YOU

We would like to bring to your attention that all our meals are home made and cooked to order, there will be delays during busy periods.

Thank you in advance Your patience is very much appreciated.

Any alterations to the meals as stated in the menu will result in delays

TAKE AWAY MENU AVAILBLE
DIOLCH, THANK YOU.

AUTHENTIC INDIAN FOODS

(All available for take away)

CURRIES (Served with Rice, Mango Chutney & Poppadum):-

- | | | |
|--|---------------|----------------|
| CHICKEN KORMA
Mild creamy sauce with coconut. | GF | £15.95 |
| CHICKEN TANDOORI MASALA
Served in a medium hot spiced sauce with onions, tomatoes, cream, Yoghurt, garlic & spices. | GF | £15.95 |
| CHICKEN MADRAS
Tender chicken in an aromatic flavour of madras spices, served in a hot Madras sauce | GF | £15.95 |
| CHICKEN VINDALOO
Spicy chunks of chicken in a in an aromatic flavour of very very hot & spicy Vindaloo sauce | GF | £15.95 |
| CHICKEN ROGAN JOSH
Tender Chicken pieces in a rich medium sauce with Kashmiri chillies & tomatoes | GF | £15.95 |
| PULLED LAMB TANDOORI MASALA
Served in a medium hot spiced sauce with onions, tomatoes, cream, yoghurt, garlic & spices | GF | £16.95 |
| LAMB ROGAN JOSH
Lamb pieces in a rich medium sauce with Kashmiri chillies & tomatoes | GF | £16.95 |
| LAMB MADRAS
Tender Lamb in an aromatic flavour of madras spices, served in a hot spicy Madras sauce. | GF | £16.95 |
| BEEF CEYLON
Tender chunks of Welsh beef marinated in an aromatic flavour of Ceylon spices, served in a extra hot curry sauce | GF | £16.95 |
| BEEF MADRAS
Tender chunks of Welsh beef marinated in an aromatic flavour of madras spices, served in a hot curry sauce. | GF | £16.95. |
| VEGETABLE TIKKA MASALA
Seasonal veg which may include fine beans & carrots in a mild creamy curry sauce. | GF | £13.50 |
| VEGETABLE ROGAN JOSH
Vegetables in a medium curry sauce. | GF | £13.50 |
| SPINACH DAHL
Red lentils & spinach cooked with a medium blend of aromatic Indian spices. | GF VGN | £13.50 |
| OKRA MASALA
Okra cooked with a medium blend of aromatic Indian spices tomato base Sauce. | GF VGN | £13.50 |
| MUSHROOM TANDOORI MASALA WITH POTATO & SPINACH
Mushroom spinach & potato cooked with a medium hot blend of aromatic Indian spices with a creamy sauce. | GF | £14.50 |

- ” **PALAK A CHOLE (CHICKPEA CURRY) WITH SPINACH** **GF VGN** **£13.50**
- BETROOT & CARROT MASALA** **GF VGN** **£13.50**
- KING PRAWN KORMA – (SUBJECT TO AVAILABILITY)** **GF** **£17.95**
Fresh prawns in a mild creamy sauce with coconut.
- ” **PRAWN MADRAS – (SUBJECT TO AVAILABILITY)** **GF** **£17.95**
Fresh prawns in a medium hot curry sauce
- ” **KING PRAWN MASALA - (SUBJECT TO AVAILABILITY)** **GF** **£17.95**
Fresh prawns in a medium curry sauce.

BALTI DISHES

- ” **LAMB BALTI** **GF** **£16.95**
Tender Lamb in a rich medium hot sauce with peppers & onion
- ” **CHICKEN & MUSHROOM BALTI** **GF** **£16.95**
Chunks of chicken in a rich medium hot sauce with mushrooms
- ” **CHICKEN BALTI** **GF** **£16.95**
Chunks of chicken in a rich medium hot sauce
- ” **VEGETABLE BALTI** **GF** **£13.50**
Succulent & spicy egg plant, courgettes, tomatoes & carrot in a medium hot sauce

TO ACCOMPANY YOUR MEAL

Naan Bread	£2.50	Extra Poppadom	GF V £1.00
Vegetable Samosa	£3.50	Lamb Samosa	£3.50
Vegetable Spring Roll	£3.50	Rice	£2.50
Yoghurt Reita	GF £2.00	½ Rice & ½ Chips	£2.00
Extra Chips	£4.00	Dahl	GF £8.50

Our Curries are made with real spices to give a real authentic taste. You may find these curries slightly hotter & spicier in taste to bring the natural flavours. Beware if you cannot tolerate heat, spices or taste do not order curries. There will be no refund made.

GF-----Gluten Free
V_____ Vegan

STARTERS

All starters are served with salad garnish, bread roll & butter (unless otherwise stated)

Soup of the Day (<i>served with bread roll & butter</i>)	£6.50
Garlic Mushrooms (<i>served with bread roll & butter</i>)	GF £7.95
Hummus , Olives salad garnish with Pita bread NO ROLL	GF V £6.95
Falafel Platter (<i>Hummus, olives, pickled peppers</i>) with Pita bread	GF V £8.50
Char-grilled garlic Chicken Goujons with garlic mayonnaise	£6.95
Deep-fried Whitebait	£6.95

MAIN MEALS

All main meals are served with chips and peas (Unless otherwise stated)

TRADITIONAL

Welsh Cawl (Served with Cheddar cheese, Bread Roll & Butter)	£8.50
Royal Oak Meat Lasagne	£13.95
Cottage Pie	£12.95
Shepherd's Pie	£12.95
Sausage, Mash, Peas & Gravy	£11.95
Faggots in Gravy	£11.95
Steak & Ale Pie	£15.95
6oz Beef Burger in roll	£12.95
Lamb & Mint Burger in Roll	£12.95
Ham Egg & Chips (No Peas)	GF £10.95
Deep Fried Breaded Chicken Escalope	£10.95

FROM THE SEA

Traditional Fried Fish & chips in a homemade light crispy batter with homemade tartare sauce (Cod / Haddock)	£16.95
Succulent Fried Scampi coated in a light & crisp breadcrumb	£12.95
Grilled Fresh Salmon Served with Seasonal Veg & New Potatoes.	GF £21.95
Grilled Sea bass fillet Served with Seasonal Veg & New Potatoes	GF £21.95
Fresh Grilled Haddock Served with Seasonal Veg & New Potatoes.	GF £19.95
Fresh Grilled Hake Served with Seasonal Veg & New Potatoes.	GF £21.95
Fresh Grilled Plaice Served with Seasonal Veg & New Potatoes.	GF £18.95

(All Grilled Fish served with a Lemon Butter Sauce)

VEGETERIAN (*See also the vegetarian curries*)

Plant Based Burger	£11.95
Vegetable Lasagne	£10.95
Broccoli & Cream Cheese Bake	GF £12.95
Pasta Bake	£10.95

FROM THE GRILL

10-oz Rib Eye Steak served with Tomato & chips.	GF £25.95
10-oz Sirloin Steak with Tomato & chips	GF £25.95
12oz Gammon Steak with Pineapple or Egg served Tomato & chips	GF £16.95
Char-Grilled Marinated Chicken fillet	GF £15.95
<i>Served with new potatoes & seasonal vegetables</i>	
Char-Grilled Marinated Chicken fillet Broccoli cream cheese sauce	GF £16.95
<i>Served with new potatoes & seasonal vegetables</i>	
Grilled Lamb Chops (3 chops)	GF £16.95
<i>Served with Chips & Peas</i>	
Beef Stroganoff	GF £23.95
<i>Tender strips of Welsh beef fillet sautéed' in butter Flamed in brandy with a drop of cream.</i>	

SALADS

Cheddar Cheese Salad GF	£13.95
Char-Grilled Marinated Chicken Salad	GF £15.95
<i>Served with new potatoes</i>	
Ham Salad	GF £13.95

All the above are served with Royal Oak Salad and New potatoes.

SIDE ORDERS

Sweet Potato Fries	£4.00	Curry Sauce	£5.00
Extra Portion Chips	£4.00	Extra gravy	£3.00
Royal Oak Salad Bowl	£3.50	Pepper sauce	£3.50
Cauliflower cheese	GF £5.00	Dianne sauce	GF £5.00
Garlic Bread	£3.50	Meat / Veg Samosa	£3.50
Garlic Cheese Potatoes	GF £5.00	Onion Rings	£4.00
Baked Beans	£2.50	Chips & Curry Sauce	£8.00
Egg	£2.00	Pineapple	£2.00
Seasonal vegetables (Carrot & Suede and Broccoli)			£5.00

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Your patience is very much appreciated

CHILDREN'S MENU

Beef burger, peas/beans & Chips	£5.95
Chicken burger, peas/beans & Chips	£5.95
Veg burger, peas/beans & Chips	£5.95
Fish Fingers, peas/beans & Chips	£5.95
Sausage, peas/beans & Chips	£5.95
Chicken Nuggets, peas/beans & Chips	£5.95
Chicken dippers, peas/beans and chips	£5.95
Childs Chicken Korma & Rice Mango chutney & Popadom	GF £6.95
Childs Scampi, peas/beans & Chips	£5.95



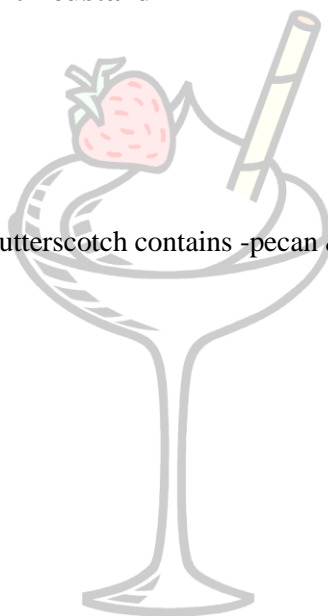
ROYAL OAK AFTER DINNER MENU

Desserts

Hot Chocolate Puddle Pudding	£5.95
A light homemade chocolate sponge with a smooth chocolate puddle centre smothered with a tantalising chocolate sauce & vanilla ice cream.	
Hot Sticky Toffee Pudding	£5.95
A delicious homemade sticky sponge drizzled with mouth-watering toffee sauce, Served with vanilla ice-cream	
Fresh Fruit Pavlova GF	£5.95
A deluxe homemade fresh fruit Pavlova garnished with fruit & cream	
Cheese Cakes Please ask for the choice	£5.95
Hot Spiced Ginger Sponge Pudding	£5.95
A delightful homemade sponge served with a ginger sauce & vanilla ice cream	
Royal Oak Apple Crumble with custard	£5.95

Ice Cream

Vanilla,	£4.20
Chocolate,	£4.20
Strawberry,	£4.20
Super mix	£4.95
Chocolate chips, caramel and butterscotch contains -pecan & almond nuts	
Lemon Sorbet	£4.50
Raspberry Sorbet	£4.50



Hot Drinks

Coffee & Cream	£3.50
Pot of Tea	£3.50
Cappuccino	£3.50
Hot Chocolate	£4.00
Gaelic Coffee	£6.75
French Coffee	£6.75
Disaronno (Amaretto) Coffee	£6.75

* = Contains alcohol.

† = Contains tree nuts and/or peanuts

(V) = made with vegetarian ingredients; (ve) = made with vegan ingredients, however, some of our preparation and cooking methods could affect this.

If you require more information, please ask your server.